

# Age Managers Course Instructions

1. To start the course, you will need to have a Lifesaving Online account. If you do not have a Lifesaving online account, it is easy to set one up. Go to [www.lifesavingonline.com.au](http://www.lifesavingonline.com.au) to login or set up an account.
2. Once logged in select My Courses from the panel across the top of the screen.
3. Select 'Go to Online Learning Now'.
4. This will launch Interaction Training. On the left hand pane you will see a list of options. Select Personal Learning Plan.
5. Select the Age Managers Course icon and double click or click on the launch button below.
6. In the second pane you will see a folder named Age Managers Course and under this the module Age Managers Course. Double click here to launch the course.
7. If you do not already have a copy of the Age Managers Guide with you can find a copy in the resources tab for the course.
8. You may receive an error message when you start the course if you have a 'pop-up' blocker on your computer settings. This message will usually ask if you would like to allow 'pop-ups' for this site. Select always allow pop-ups for this site. You can also adjust your settings in the system and security section of your control panel.
9. As you navigate through the course you will notice that sometimes the next button will not be available. You will need to complete the activity and get the correct answer before you can progress.

